

# **Discovery English**

## **Grade 1**

### **Chapter 3: ARSHAD NADEEM – THE PRIDE OF PAKISTAN**

(3 Periods – 40 minutes each)

**Class Strength:** 30–40 students

**Teacher Level:** Untrained / Newly appointed

**Required Book Pages:** 23–30

**Main Skills:** Reading, Comprehension, Grammar (Capitalization & Punctuation), Genders, Phonics (Rhyming & Blending), Speaking, Writing

#### **BEFORE CLASS (2 Minutes Preparation)**

If using Smartboard/Tab:

Open:

- Listen Story
- MCQs
- Grammar (Capitalization)
- Phonics (Rhyming)
- Speaking & Writing

If no digital device:

- Use textbook
- Write key points on board

#### **GROUP SYSTEM (Use Every Period)**

Make 6–7 groups.

Assign roles:

- Leader (answers)
- Reader (reads)
- Helper (helps weak students)
- Timekeeper (counts 1–10)
- Speaker (shares answer)

Teacher rule:

“Only leader speaks. Others whisper.”

Raise hand for silence.

## **PERIOD 1 (40 Minutes)**

**Focus: Story + Comprehension**

### **Learning Targets**

Students will be able to:

- Tell who Arshad Nadeem is
- Say what sport he plays
- Understand the message of practice and hard work

### **Step 1: Warm-Up Discussion (5 min)**

Use Exercise A questions:

Ask:

1. Do you like sports?

2. Have you practiced something daily?
3. What happens if we practice every day?

Allow short answers.

### **Step 2: Picture Talk (5 min)**

Show picture.

Ask:

- What is he holding? (medal)
- What sport is this? (javelin)
- How does he look? (proud, happy)

### **Step 3: Read the Poem (10 min)**

Teacher reads first with expression.

Then echo reading:

- Read 2 lines → students repeat.
- Focus on:  
practice  
gold medal  
pride

Explain:

Javelin = long stick used in sports.

### **Step 4: Think a While (5 min)**

Ask:

How do you feel when someone from your country wins?

Encourage answers like:

- proud
- happy
- excited

### **Step 5: Exercise B (Story Reflection) (8 min)**

Ask orally:

1. What did Arshad love when he was young?
2. What is a javelin?
3. Did he have fancy gear?
4. How did family help?
5. What lesson do we learn?

Guide answers clearly.

### **Step 6: Exercise C (MCQs) (5 min)**

Correct answers:

1. b) javelin
2. c) practice
3. b) gold
4. b) they celebrated

### **Wrap-Up (2 min)**

Say:

“Hard work and practice make champions.”

## **PERIOD 2 (40 Minutes)**

### **Focus: Vocabulary + Grammar**

#### **Learning Targets**

Students will:

- Learn new words
- Use capital letters correctly
- Use full stops and commas
- Understand genders

#### **Step 1: Vocabulary (8 min)**

Teach:

javelin – long stick for throwing  
medal – prize  
practice – doing again and again  
pride – feeling happy  
hero – brave person

Students repeat twice.

#### **Step 2: Grammar – Capitalization (10 min)**

Explain simply:

Capital letters:

- Start of sentence
- Names (Arshad, Pakistan)

Full stop:

Ends sentence.

Comma:

Used in lists.

Do Exercise A:

“The cat is sleeping.”  
Circle T and full stop.

### **Step 3: Add Commas (7 min)**

Write on board:

I bought apples, oranges and bananas.

Explain comma separates items.

Students complete exercise.

### **Step 4: Genders (10 min)**

Explain:

Masculine = male  
Feminine = female

Examples:

boy → girl  
father → mother  
uncle → aunt  
hen → cock  
dog → bitch  
cow → bull

Students complete Exercise C.

### **Wrap-Up (5 min)**

Quick questions:

- Why do we use capital letters?
- What is opposite gender of boy?

## **PERIOD 3 (40 Minutes)**

## **Focus: Phonics + Speaking + Writing**

### **Learning Targets**

Students will:

- Identify rhyming words
- Complete missing letters
- Blend sounds
- Speak in short sentences
- Write simple descriptive sentences

### **Step 1: Rhyming Words (10 min)**

Explain:

Rhyming words sound same at end.

Example:

cat – bat – hat

Exercise A answers:

1. cat – bat
2. sit – hit
3. log – dog
4. pen – hen
5. cap – tap
6. sun – fun
7. hat – rat
8. bed – red
9. mop – hop

10. big – wig

### **Step 2: Complete Words (8 min)**

Answers:

h\_t → hat

s\_t → sit

c\_t → cat

l\_g → log

p\_n → pen

b\_t → bat

m\_t → mat

d\_g → dog

p\_t → pot

r\_t → rat

### **Step 3: Blending (5 min)**

Explain:

t-o-p → top

l-i-p → lip

Make students clap each sound.

### **Step 4: Speaking Stars (7 min)**

Exercise A:

Pair work:

A: Where did you go Sunday?

B: I went to the park.

Practice 3 different places.

### **Step 5: Role Play (5 min)**

Park directions role play.

Student A asks:

Where is playground?



Student B answers:  
Go straight then turn left.

### **Step 6: Writing Wizard (5 min)**

Exercise A:  
Write 3 kitchen items in ABC order.

Example:  
apple  
bowl  
cup

Exercise B:  
Write 3 sentences about favourite game.

Example:  
I like cricket.  
I play with my friends.  
It makes me happy.

Exercise C:  
Write your name properly with capital letter.

### **Final Reflection (5 min)**

Discuss:

- Why is Arshad a hero?
- What happens if we keep trying?
- How do you feel when you win?

### **Assessment (Simple)**

Remembering:  
What did Arshad throw?

Understanding:  
Why did he win?

Applying:

Circle rhyming words.

Creating:

Write 3 sentences about favourite sport.

### **Important Teacher Notes**

- Speak slowly.
- Use gestures.
- Encourage shy students.
- Allow short answers.
- Focus on participation.
- Writing can be homework if time is short.